



RISE

RISE

RESPECT | INSPIRE | SUPPORT | EMPOWER

Annual Report
2022-2023

our vision|

To grow, support and sustain safe resilient communities.

our values|

We are

Professional
Inclusive
Empathetic
Value diversity

Our work is

Courageous
Creative
Ethical

We operate with

Integrity
Respect
Trust

our focus|

People

We attract, develop and retain expert, highly skilled and well-resourced professionals. We are a preferred employer and an industry leader.

Partnerships

We develop and maintain partnerships and effective networks with key providers, stakeholders and communities to enhance whānau and individual wellbeing.

Sustainability

We have the ability to innovate, be creative and responsive to changing needs. We are enhancing our market presence and increasing our influence within the family harm sector.

Whānau Wellbeing

We develop and enhance services and partnerships that empower whānau to build resilience and sustain positive change.

Future

We are financially stable and enable innovation and growth.

board of directors|

Andrea Jopling, Chair

Lee Babe

Barb Dunn

Suzanne Jones

Melissa Muirhead

Marty Byrne

Dee Cresswell, General Manager

2022-2023 | year at a glance

1,103
total served

Clients by gender

Male | 695

Female | 403

Transgender | 3

Gender diverse | 1

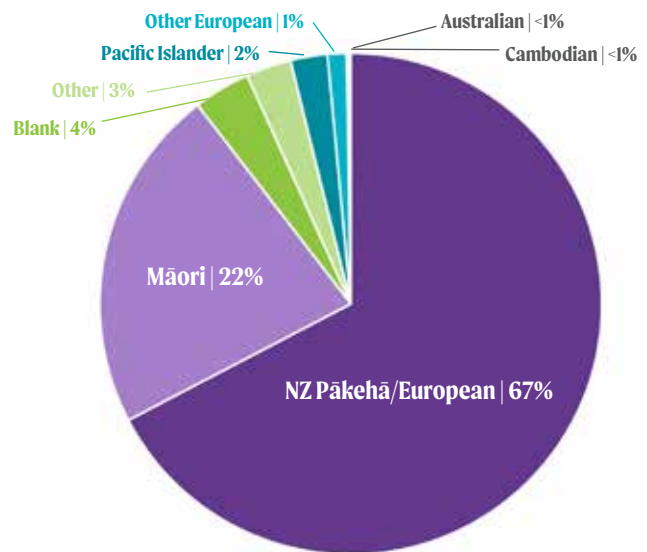
Non-binary | 1

100%

funding contracts
renewed

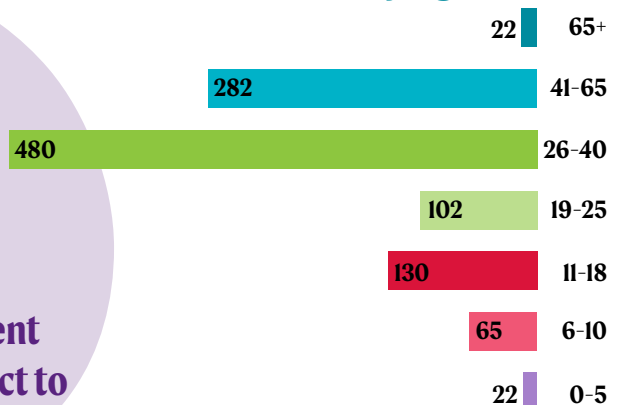
The Ministry of Social Development awarded RISE a new 3-year contract to ensure the region's only specialist family violence organisation is participating in daily family harm meetings.

Ethnicities served



The Ministry of Justice's national target is a 70% completion rate for participants in the Non-Violence Programme. For the last three years – and every quarter in 2022-23 – RISE exceeded this rate.

Clients by age



from the chair| **Andrea Jopling**



It is a privilege to present the Board Chair Annual Report of RISE Living Safe (RISE) for 2022-2023. It is very exciting this report will form part of RISE's very first Annual Report.

This evolving Annual Report continues RISE's push for professionalism, credibility and visibility as an organisation offering specialist family violence services in Nelson, Tasman, the West Coast, Marlborough and Kaikōura.

This year marks the significant 35-year anniversary for RISE delivering those services. It is time to reflect with pride on our increased profile and leadership within the family violence sector.

RISE is going from strength to strength, but 2022-2023 has not been without its difficulties. These challenges predominantly reflect the remaining impact of the Covid 19 pandemic such as ongoing staff sickness, client stress and the Covid spike in referrals becoming the new business standard.

The board recognises any organisation is only as good as its people. Therefore, the continued achievements of RISE would not be possible without its committed, motivated, resilient, and hard-working team.

RISE continues to retain and attract professional and exceptional team members. The board acknowledges the steadiness, enthusiasm, and commitment of long-serving team members alongside RISE's newer staff. Dealing with those impacted by family violence is not easy and the board thanks the RISE team for their empathy, support, and desire to make a difference.

I also recognise and thank general manager Dee Cresswell for her ongoing leadership through some difficult periods this year.

Changes to the board over the year include Naomi Rosamond leaving for new opportunities and the appointment of three new trustees – Suzanne Jones, Marty Byrne and Melissa Muirhead. This year the board has focused on staff well-being, business strategy, organisational impact, and risk management.

Reflecting on the 2022-2023 year I consider the following as achievements or highlights from a board perspective:

- A focus on staff well-being and recognition of the impact of family violence work on staff and their families. The board has encouraged recognition of service, team training days, staff professional development and conference attendance.
- A pivot to risk management and review of critical risks and safety in the work environment, including the compilation of a critical risk matrix and clearer reporting around workplace hazards and events.

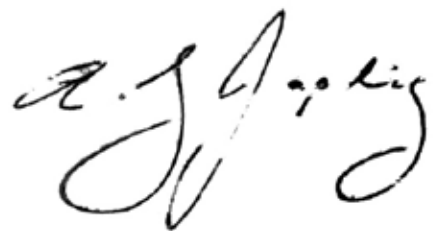
- The ongoing formulation of guiding strategy documents for RISE as an organisation. Including strategies around stakeholder and advocacy management, Communications Plan, Business Training Marketing Plan and the review and implementation of policy.
- The investment in communications and media. The appointment of Angela Ricker as communications consultant has reaped huge benefits. Angela's work and enthusiasm has increased the profile, driven the rebranding and marketing of RISE. RISE now has a strong profile across social media and a clear communications strategy and plan.
- The strength of RISE's profile within the family harm sector illustrated by the General Manager being the Co-Chair Tauwiwi Caucus of the governing body for National Network of Family Violence Services and Regional Governance Group Te Ohu Whāngai-ā-Māui. Two staff members delivered workshops at the National Network of Family Violence Services annual conference, and a trustee attended this conference for the first time.
- A focus on business development and organisational sustainability. An investment in Ākina Foundation phase 1 and 2 to measure the impact of RISE. This resulted in an Impact Report Model and Impact Measurement Framework work to collect data and measure RISE's impact. In June the board decided to invest in Phase 3 and 4 - looking at and developing business sustainability and potential income generation opportunities outside of government funding.

RISE is in a strong and confident financial position tempered with the possibility of future tightening of government funding. The board made the ethical decision this year to move away from, and did not apply for, gaming machine funding. I want to thank financial consultant Noleen Harper for preparing the financial accounts that inform the board.

As chair I wish to thank our funding partners who support our critical funding levels – Ministry of Social Development, Oranga Tamariki, Ministry of Justice, Department of Corrections, Rata Foundation, Lottery Community Grants (Department of Internal Affairs COGS), and Tasman District Council.

As this is my last year on the board and as board chair, I thank my fellow trustees and Alma (secretarial services). Your work, support, leadership, and decision making has made my role easy.

The future for RISE looks exciting.



from the general manager | **Dee Cresswell**

This year, 2023, is a special year. It marks 35-years of RISE Living Safe (RISE) providing specialist family violence services. We are delighted to present our first annual report and reflect on our achievements to date.



It has been such a big year and it is impossible to capture all of what has happened.

I want to start by acknowledging the amazing team at RISE who continue to provide professional, empathetic, innovative support to our clients.

Our great staff contribute to a strong positive culture supporting each other, and myself, and making RISE a great place to work.

The past year, 2022-2023, has not been without its challenges, with the residual impact of COVID continuing to affect how we deliver our services.

The spike in referrals during COVID has now become our new normal and RISE continues to see an increasing demand for our programmes in all areas.

In response we are triaging clients, enabling late appointments, and having staff able to work across all client and programme groups.

Despite this we continue to have a waitlist.

This year we welcomed four new team members replacing two that left last year – one re-locating to the North Island for family reasons.

The new staff enhance our skill base by bringing overseas social work experience, Restorative Justice facilitation skills, and mental skills coaching. Our team includes a staff member with restricted vision whose own challenges have given him insight into the struggles some of our clients face.

Strategically our board consists of high calibre professionals who understand the issues and challenges we face. I greatly appreciate their expertise and support they provide myself and the wider team.

RISE continues to enjoy a partnership with Maataa Waka Ki Te Tau Ihu Trust (Marlborough) and Family Works (West Coast) who sub-contract to deliver our Ministry of Justice and Department of Corrections work.

In Kaikōura we have a staff member who supports that community in the non-violence field. We have expanded services into Golden Bay with the contracting of a counsellor to work with children who have been affected by, or experienced, family violence.

RISE has continued to review our operational, administrative systems and processes over the past year. This includes developing a staff handbook, streamlining our referral and intake process, updating assessment documents, and focussing on our group processes, with the aim of providing the best service for our clients. This work is ongoing.

A number of staff attended Te Kupenga Whakaoti Mahi Patunga (National Network of Family Violence Services) family violence conference in March. I was proud two staff members, Miranda Warner and Joelene Whitfield, used their expertise to deliver workshops.

Succession planning is a key focus for any organisation. Our Kaitiaki Leadership group; the development coordinator, the service coordinator, senior clinician and myself, have spent time over the last six-months formalising roles and responsibilities. This is to ensure we have the best structure in place with operational knowledge spread amongst the group.

It has helped identify gaps in resourcing that will be addressed in the next financial year as we continue to grow and develop as an organisation.

Our work with Ākina, highlighted in Andrea's chair's report, provides opportunities to drill down and really measure our impact by giving us the data and tools to tell the story of the effectiveness of our services. This will be helpful in the future in our discussions with our key stakeholders and funders.

Thank you to those that continue to support RISE – in particular IT consultant Murray Butler who keeps our IT and network working going, financial consultant Noleen Harper who prepares our monthly and final accounts for auditing, and communications consultant Angela Ricker who was instrumental in our re-branding and telling our stories. Our contract/relationship managers Oranga Tamariki (Diana Bowering), Ministry of Justice (Jahmone Betham), Ministry of Social Development (Chris Lindsay), Department of Internal Affairs (Blair Carpenter), Department of Corrections (Anne Hodge), and Rātā Foundation (Vimbayi Chitaka).

And finally, to our clients – who have faith in us and who are our reason for being. We acknowledge your courage as we walk beside you in your often difficult journey to living a life without violence.



D Lesswell

Are we making our community better?



For years RISE has measured progress by numbers. How many people completed a programme. How many new clients came to RISE in a year. How many referrals came from the courts. How many new staff have we hired to work with the increased number of clients.

Then there are the exit surveys of clients, where we measure progress in tick boxes. Did our programme help you change your behaviour? *Fully disagree, somewhat disagree, neutral, somewhat agree, fully agree.* Do you have new skills to help you with respectful relationships? *Fully, somewhat, etc.* Did our programme help you understand how violence affects children? Was the environment safe and supportive? Have the changes I made helped my whānau?

Sometimes we ask open-ended questions that give us useful information. But do answers to these questions tell the whole story? They don't. And we have come to realise this over the last few years.

We collect these numbers – the yeses and nos, the fully agrees or somewhat disagrees – to report to our funders. We are reimbursed by some funders for hitting numbers targets and others give generic contracts but none ask us to report on community impact.

All of this information is important. But is it answering that key question: are we making a difference? Are we making our community better? Are we making the lives of the people who live in our community better?

Changing strategies to answer the right questions

A few years ago, our Board started to wrestle with these questions as part of a wider strategic planning process. It was clear that RISE had become more dependent financially on Government contracts over the past couple of decades. Government funding waxes and wanes depending on who is in charge. Creating stability and clarity for the only specialist family violence organisation in the Top of the South meant finding a new financial model.

The Board started to look at more diverse funding. With key local business leadership around the table, it was clear that RISE was doing good work, but could it prove that to potential funding partners? What is the best way to convince a funding partner we are a worthy investment? And for the long-term. How do we prove we are making a difference and how can we demonstrate that. The numbers and the tick boxes just don't tell the whole story.

It was clear to all the Board members that we had to find another way to talk about our impact and it had to lead to a more progressive and sustainable funding model. That discussion led us to start work with The Ākina Foundation. They help other organisations define their positive social and environmental outcomes. This work began in 2022 and will continue this year and next year. Right now we're halfway through and it's a good time to pause and share our progress.

What do we know about people after they leave RISE?

When people complete a RISE programme, most of the time we don't see them again. Do we know if the lessons and the tools are helping them? Do we know if they are better off one, three, or five years later? And what about their families – if a couple has stayed together or if they have separated, how is everyone in the extended family faring?

For the most part, we don't know because we don't stay involved with people as they navigate life after RISE. Yes, Nelson and Richmond and Tasman are small places so clinicians bump into former clients here and there. Anecdotal information is often heart-warming to share at a team meeting, but it isn't going to help us prove the case that we are making a difference in the wider community.

What's our impact?

With Ākina's help, we have created an impact model and framework that demonstrates the impact we are having. What's an impact model? It sets out the activities we undertake, the outcomes they lead to, and the ultimate impact that then happens after we have done our part. Below is a summary:



Graphic 1

RISE responds to family violence that exists in New Zealand. Family violence affects a range of stakeholders, from victims to whānau to community to perpetrators to workplaces to social organisations to government and right back to families. Our specialist non-violence and safety services are delivered with empathy and based in evidence. They are whānau-centred and aligned to best worldwide practice.

The work we do results in four key successes, detailed in summary in Graphic 1 and in detail in Graphic 2 on the next page.

In order to show we are having this impact, we have identified measures to illustrate our effectiveness. The work we are doing now includes collecting the data to measure the above impacts. In addition, we are tracking third-party research that will assist us in making our case by documenting societal changes.

How we are changing our measurements

There are several points where we can begin to collect new, useful data to measure our sustained positive societal impact. At a new client's initial assessment meeting, we are going to ask a few different questions of each person. Then we are going to ask that same question again three months after a person has started a programme and again six months after the person has started the programme. Finally, we'll ask that same question in a follow up survey two years after the client has completed their programme.

For example, to measure if there has been a reduction in violence, what is the percentage of clients who report a reduction in the frequency of using violence? We will ask a new client at the initial assessment meeting how many times they have used violence in a given timeframe, ask again at three and six month intervals, and then ask again two years post programme. Collecting this data for each client over a period of time will tell a useful story that helps us understand the short- and medium-term impact.

Another way for us to measure our impact is for clinicians to make notes during programmes. For example, did a client share that they have used a RISE tool or new skill during one of their sessions? If a clinician hears this, it will be noted and tallied. Does a client report during a session having a good understanding of their personal triggers? If so, the facilitator will note it and tally it.

We are also going to start measure the number of clients who self-refer to further RISE programmes and the number of past clients who make contact with clinicians after completing a programme.

Our own data will be married with various Government, university, and NGO research studies as well as ACC and BERL research on economics to widen the lens on effectiveness.

Next steps

We have chosen a list of priority outcomes to get started. We're modifying our administrative procedures and training our staff.

Keeping you updated is a priority too. If we are telling our story to you, we hope you will tell our story to others as well. The more we can share our successes about being effective in ending family violence in our community, the greater our collective impact will be.

We also aim to prove our worth to new funding partners in time. As we all know, Government funding is often fleeting and never long-term. While we know that we are doing the crucial work every day, it isn't reflected in numeric governmental reports. Telling our story has been important, but individual stories don't provide statistically significant evidence of success either.

And yet we know the work we are doing matters. We see families are healthier, that adults are mending and maintaining positive levels of wellbeing. And we know our communities are better for our part in this work. It will be so very rewarding to prove it!



Graphic 2

at a glance | non-violence programme

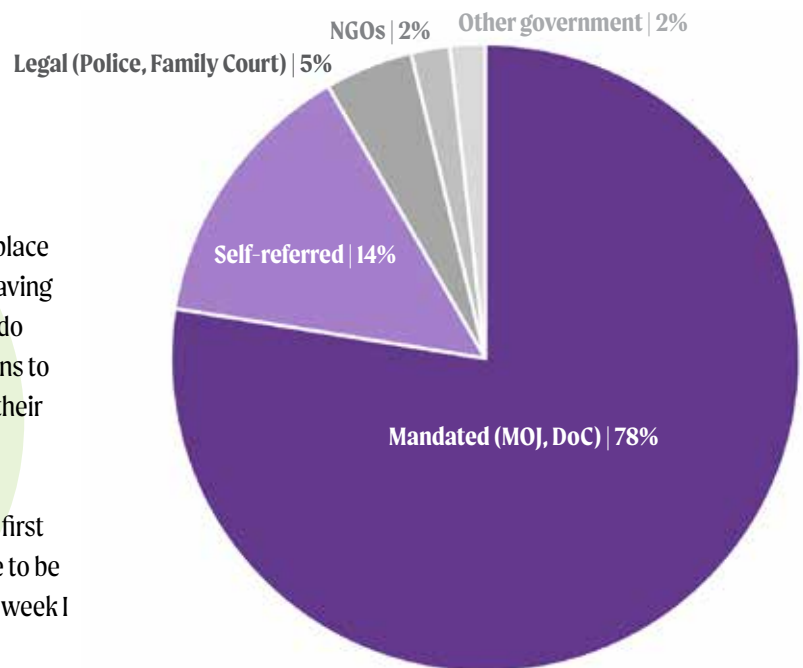
About

RISE's non-violence programmes are for anyone who has put or is putting their partner or families at risk of harm. Participants explore the dynamics of family harm and how their behaviour affects others. They learn how to express and manage feelings and how to problem solve in tough interactions. Communication skills are developed for better relationships with current or ex-partners, children, whānau and the wider community.

366

referred clients started the programme

Referral by source



“

Everyone there was pretty much in a similar place as I was – although with varying degrees – of having messed up with their family and wanting to do something about it. They had the right intentions to improve themselves and be better people for their families, like me.

We were all encouraged to talk and after the first couple of sessions I felt much more comfortable to be me. I saw myself belonging there. By the second week I found value in going, it was that fast.

I never had the experience of opening up to a group of men before. But talking in the group gave me confidence and each week that confidence grew. By the end, I felt very accomplished about the way I was able to open up to these men and I left inspired by their progress and my own. Actually, I'm pretty stoked that I feel such confidence in opening up. I owe it to those other men in the group who inspired me.

Ben
former client

Completion rate

89%

at a glance | **dads programme**

About

Our Dad's programme runs twice a year and offers any Dad in a parenting role the chance to learn skills, tools, and insights in how to be a confident, compassionate and resilient Dad. Having solid parenting skills increases harmony in the whānau, improves connection at home and helps create a happier, safe loving environment.

2 groups during the year

14 clients started the programme

9 clients completed the programme

4 clients sought ongoing support

Clients rated the programme
8/10



Clients rated the programme facilitators
9.5/10



At RISE I learned that one key trigger for me was coming home from work. I just wanted to come home and relax, but the house was always full of kids and noise. I wanted my own time, space between work and home.

But I wasn't thinking about how it was for my kids to see me come home and be instantly angry. They saw me walk in the door and they thought I was angry to see them, that I didn't want them there, that I didn't want to see them. Of course, all of this made sense to me when I looked at the situation from their perspective. And I understood how they saw me every time I walked through the door, and I didn't want my kids to think that way about me.

I have learned what bothers me and how to deal with those things. I've learned to ring or text my wife to see if the kids have their friends over, especially on stressful days at work. If they do, I'll fill in the time with an errand. Then when I get home, the kids want me to be there after their friends leave and we can have time together.

Bill
former client

Referrals

self-referral | 6

follow-up after RISE programme | 5

community referral | 3

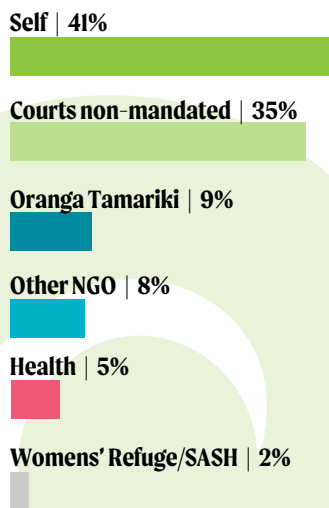
at a glance | safety programme

About

Our Safety Programme is aimed at anyone who has faced family violence. Participants learn how to make a safety plan, so they are prepared for any situation. They also learn other skills for relationships with partners, ex-partners, children, parents, carers, and others. The safety programme's primary objective is to promote the protection of the person at risk from family violence and help them learn to make decisions to keep everyone safe.

157
started the programme

Referrals by source



“ I remember the first day I went to the course. There were nine of us there, plus two group facilitators and another lady studying. I thought I had been dealing with everything so well. I couldn't have been more wrong.

I shed a lot of tears in that room. If I hadn't had that group of amazing women to catch up with for all of those weeks, I don't know what would have happened to me. I want to thank them. They helped me heal. We became strong together. It's a great day when you learn how to forgive yourself. You never asked for the bad things to happen to you, but it's your chance now to turn them around, walk around with your head high, and smile because the sun does come back out and you shine bright.

Kath
former client

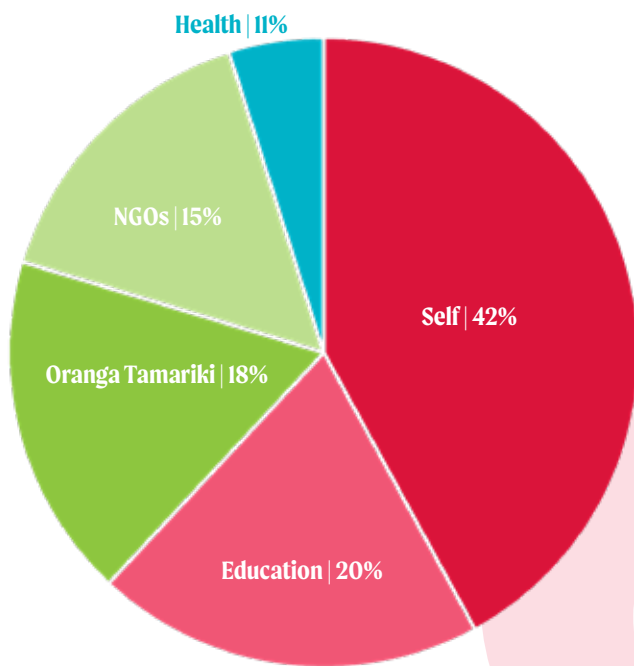
at a glance | youth and children

About

Our youth programs focus on those young people who are struggling to manage their emotions in safe and healthy ways, often as a result of their early experiences. The focus is supporting them to develop greater self awareness and strategies to support safer and healthier relationships.

Our Children Safety programs are for those tamariki who have experienced or been exposed to family harm. Our aim is to provide a supportive environment for a child to explore and make sense of those experiences and feel safe moving forward. A big part of that mahi is supporting whanau and caregivers to recognise the impact of family violence on children and to understand how they can best support their tamariki.

Referral by source



141
clients started the service

Completion rate

82%



We run a youth and children's programme that focuses on their needs. It is designed to support and educate young people experiencing or exposed to family harm. This support can range from counselling support, psycho-educational and advocacy and being able to speak to someone who is neutral.

The focus of our time together is to listen and provide support and tools to manage what is on top for them. Examples of what can be on top is understanding emotions, and how to regulate them, anxiety and stress, self-care, identifying and exploring healthy relationships and who the safe people are in their lives.

Kimberley
RISE clinician

at a glance | trauma programme

About

The Trauma programme is available for adults who are significantly traumatised and who have disclosed trauma symptoms as a result of family violence and/or other abuse in all its forms. Providing an opportunity to explore aspects of their lives that continues to impact on their sense of wellbeing, safety and their ability to form healthy relationships. This differs from counselling as a longer-term therapeutic support.

Clients are required to have attended and completed a programme at RISE. This intervention aims for a longer period of support and may take place over a number of months working at the client's pace.

One client engaged in the programme for 11 months and credited it with saving their life.

at a glance | relationship safety service

About

RISE's Relationship Safety Service is available to people in relationships/whānau who are together, may want to get back together or are apart but still maintaining a parenting relationship. The main purpose is to establish safety providing tools and structures and awareness to develop this within the relationship.

Clients are required to have attended and completed a programme at RISE. This interventions aims for a longer period of support and may take place over a number of months working at the client's pace.

**4 referrals received
4 referrals started
4 referrals completed**

at a glance | counselling and family whānau programmes

About

Counselling and family whānau support is available for those who have caused harm and those who have been harmed. Our aim is to improve safety and wellbeing and support clients to form healthy relationships and connections to whānau and the community. RISE doesn't usually receive referrals to these services; following a comprehensive assessment or in addition to attending a group or individual programme, a clinician may recommend a referral.



**67 referrals received
57 referrals started the programme
44 referrals completed the intervention**

celebrate | ten years reaching over the hill



For 35 years, RISE has been providing family violence services across the top of the South Island. Last year we celebrated a significant partnership developed 10 years ago with Maataa Waka Ki Te Tau Ihu Trust to provide family violence services in Marlborough.

In 2012 RISE, then named SVS – Living Safe, was introduced to Maataa Waka, a kaupapa Māori provider based in Blenheim. Formed in 1990, Maataa Waka had a vision to develop a health and social service for whānau living in Marlborough with connections to iwi outside of the area. Since receiving its first child health contract in 1995, the organisation has grown from strength to strength. Today it offers a wide range of social services to the community of Marlborough, including family violence services/ programmes developed over the last 10 years working in collaboration with RISE.

RISE General Manager Dee Cresswell remembers being contacted in 2012 by a contract manager for Child Youth and Family (CYF), which is now Oranga Tamariki (OT). The contract manager told her about a gap in services for Pacifica and Māori in Marlborough. At the time, RISE only offered services in Nelson and Tasman, but the contract manager asked if Dee would meet with Maataa Waka to discuss a contract sharing arrangement in Marlborough.

“We didn’t know that there was a gap in family violence services over the hill,” Dee says. “We were very focussed on our own community and building our services here. I took it as a compliment that we were asked about it and I went to Blenheim to see how we could help.

“I met Gail MacDonald, who was the manager of Maataa Waka at the time. Right away I thought the partnership potential was attractive. It seemed a win-win for both our teams, and I know Gail felt the same way. She seemed very interested in expanding their services to meet the needs of the community.”

RISE was not a kaupapa Māori organisation and Dee felt her team could learn from Maataa Waka. And Maataa Waka was strongly integrated in its own community but lacked the family violence specialty her team could provide.

Gail MacDonald is now the Kaiwhakahaere Pakihi (Business Manager) for Maataa Waka and remembers when OT gave the go-ahead and funding for the joint project.

“We knew there was a need for kaupapa Māori family violence services in the area as there was only one other service offering men’s non-violence programmes at the time. That organisation closed and the demand for services within Maataa Waka increased instantly. We were pleased that we’d already connected with RISE and started the process of upskilling our team. We were able to pick up quickly and, as a result, the family violence service grew quite significantly in the years after.”

The pilot programme at Maataa Waka began with a staff member, Malcolm Pitman, who had experience working with men who used violence. Malcolm co-facilitated a Men's Non-Violence group with a RISE facilitator in Nelson as part of attaining his Ministry of Justice Accreditation. After 12 months Malcolm achieved his accreditation and begun to deliver the Non-Violence Programme at Maataa Waka.

Dee says it is ideal for the non-violence programme to be co-gendered (a male and female jointly lead the group) to ensure both perspectives are represented. So, Malcolm was soon joined by colleague Emma-Jaye King, who started with Maataa Waka as a kaimahi rangatahi (youth worker) and rose to become the organisation's Pouārahi (General Manager). Under the guidance of Malcolm she co-facilitated the programme in Blenheim and attended training and group facilitation at RISE as part of achieving her accreditation.

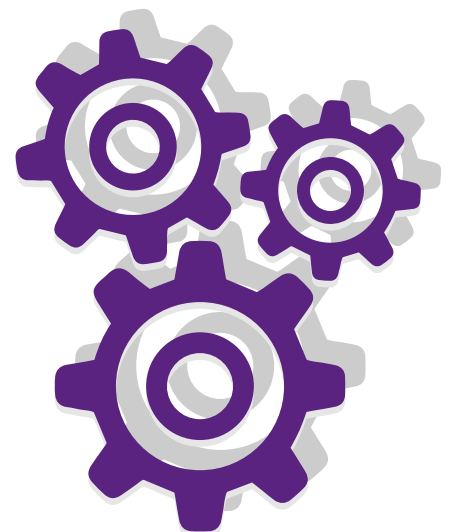
Emma-Jaye says, "At the start it was Malcolm and I working with male respondents. Then we were offered funding through OT to deliver a child safety programme in Blenheim too. Dee and RISE supported additional training of our team to apply for this contract, which we were granted.

"At the same time Maataa Waka kept increasing staff numbers so that we could deliver the women's adult safety programme too. Again, with help and training from RISE we became qualified to do this work as well.

"Growing our knowledge and partnering with RISE has also helped us obtain a contract with Ministry of Social Development to do more whānau centred work. Today we have six people alone working on the non-violence services team and 35 throughout the organisation. We've grown tremendously in size and in knowledge over the last 10 years."

Emma-Jaye says, "The Marlborough community are more aware of Maataa Waka non-violence services due to good relationships with our stakeholders, promotion of community events and past participants of the service.

"It could be this is due to the increased visibility of family violence in recent years. Either way, more people are asking for help and we are fortunate to be here in Blenheim, in our community, helping people who need us."



Maataa Waka has adapted the non-violence programme to include a kaupapa Māori model that is woven through the mainstream model, this provides a safe environment catering to the culture needs of others.

Today, RISE continues to hold the contract with the Ministry of Justice and the Department of Corrections to deliver the programme in Marlborough and sub-contracts the work to Maataa Waka. Both organisations are in different places professionally, operating independently, but still working closely together.

“Our relationship is based on mutual respect,” Emma-Jaye says. We’re on the same page and we support each other, enhancing each other’s services and knowledge.

“Still, it doesn’t seem like it’s been 10 years! I think if we hadn’t attended that meeting with Dee, I’m not sure we’d be in the same place that we are today. It was one of those things that changed the course of both organisations.”

Dee is grateful that the partnership has enhanced her team’s kaupapa Māori framework and they have continued to embed this knowledge into their many programmes.

“RISE and Maataa Waka have shared trainings, joint hui, and we talk with each other frequently. They have helped us think about how to deliver a service for Māori in our community that is respectful and open. Every day we look at how we can increase our knowledge and capacity in this area, thanks to their help.”

Dee says eliminating family violence takes everyone doing their part. RISE has invested time and money into Maataa Waka maturation in the area and the investment has paid off.

“I’m proud of what we have achieved together and I hope we share another 10 wonderful years working together.”



MAATAA WAKA
KI TE TAU IHU TRUST

our funders| **thank you**



**MINISTRY OF SOCIAL
DEVELOPMENT**
TE MANATŪ WHAKAHIATO ORA



**ORANGA
TAMARIKI**
Ministry for Children



DEPARTMENT OF
CORRECTIONS
ARA POUTAMA AOTEAROA



**Rātā
Foundation**



COGS
Community Organisation
Grants Scheme



our clients speak|

I'm calmer and have useful tools. My kids have noticed my happiness. RISE has great people, useful tools and is very professional.

Non-Violence Programme participant

Dad has noticed I get mad and lose my temper less. RISE is nice and caring. The programme has helped me understand why I get mad and misbehave and how my behaviour affects others.

Youth programme participant aged 12

A main benefit is that I can go to my dad's a bit more and have strategies to help deal with bad situations that I may get into again. RISE is a good place to talk about things and feel listened to, and also to be helped with things.

Youth programme participant aged 16

The main benefit was being straight up with myself, like calling myself out if lying, not doing something I know I should. I would tell others about RISE that your people will notice and change with you as long as you are real with yourself and be proud to be yourself. Just do it.

Non-Violence Programme participant aged 21

RISE is a safe place to talk about how you are feeling and some of the stress life gives you. I also like how much you actually learn while being here. I'm getting better with controlling myself and not getting frustrated at the little things. I'd tell others if you are struggling with anger, or your emotions come and check out RISE.

Non-Violence Programme participant

I found RISE to be very helpful to me. I will miss the weekly check in. I would tell others to go and do a course at RISE. It is a good course.

Non-Violence Programme participant aged 52

Other people have noticed a change in my attitude. I understand my emotions better and the telltale signs of me getting mad and understand how to deal with it.

Youth programme participant

I felt like I had a voice. Coming in and talking about our own lives made me comfortable to open up and fix myself. It helps you understand and control your emotions, which leaves only positive changes to your mental health and relationship.

Safety Programme participant

Statement of Financial Performance

RISE Living Safe

For the year ended 30 June 2023

	NOTES	2023	2022
Revenue			
Donations, fundraising and other similar revenue	1	99,264	108,336
Revenue from providing goods or services	1	1,344,427	1,472,578
Interest, dividends and other investment revenue	1	13,047	3,007
Total Revenue		1,456,738	1,583,921
Expenses			
Volunteer and employee related costs	2	869,577	942,658
Costs related to providing goods or service	2	457,750	426,004
Other expenses	2	24,194	20,781
Total Expenses		1,351,521	1,389,443
Surplus/(Deficit) for the Year		105,218	194,478

This Performance Report has been subject to audit. The complete audited financial report is available separately.

Statement of Financial Position

RISE Living Safe
As at 30 June 2023

	NOTES	30 JUN 2023	30 JUN 2022
Assets			
Current Assets			
Bank accounts and cash	3	404,305	447,256
Debtors and prepayments	3	42,608	87,699
Other Current Assets			
Investments (current)		560,030	214,585
Total Other Current Assets		560,030	214,585
Total Current Assets		1,006,944	749,540
Non-Current Assets			
Property, Plant and Equipment	5	76,475	69,281
Total Non-Current Assets		76,475	69,281
Total Assets		1,083,419	818,820
Liabilities			
Current Liabilities			
Creditors and accrued expenses	4	51,204	15,237
Employee costs payable	4	89,890	90,209
Other current liabilities	4	123,733	-
Total Current Liabilities		264,827	105,447
Total Liabilities		264,827	105,447
Total Assets less Total Liabilities (Net Assets)		818,591	713,374
Accumulated Funds			
Accumulated surpluses or (deficits)	7	818,591	713,374
Total Accumulated Funds		818,591	713,374

This Performance Report has been subject to audit. The complete audited financial report is available separately.



Nelson
Level 3, 295 Trafalgar Street
03 548 3850

Motueka
15b Courtney Street
03 528 8976

Kaikōura
Heartland Services /
Te Whare Putea
3/78 Beach Road
022 323 6324